

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

وَرِزْدُ الْاِمَامِ التَّوَوِيّی

بِسْمِ اللّٰهِ • اللّٰهُ اَكْبَرُ • اللّٰهُ اَكْبَرُ • اللّٰهُ اَكْبَرُ • اَقُوْلُ

عَلَى نَفْسِي وَعَلَى دِيْنِي وَعَلَى اَهْلِي وَعَلَى اَوْلَادِي وَعَلَى مَالِي

وَعَلَى اَصْحَابِي وَعَلَى اَدْيَانِهِمْ وَعَلَى اَمْوَالِهِمْ اَلْفَ اَلْفَ بِسْمِ اللّٰهِ •

اللّٰهُ اَكْبَرُ • اللّٰهُ اَكْبَرُ • اللّٰهُ اَكْبَرُ

اَقُوْلُ عَلَى نَفْسِي وَعَلَى دِيْنِي وَعَلَى اَهْلِي وَعَلَى اَوْلَادِي وَعَلَى

مَالِي وَعَلَى اَصْحَابِي وَعَلَى اَدْيَانِهِمْ وَعَلَى اَمْوَالِهِمْ اَلْفَ اَلْفَ

بِسْمِ اللّٰهِ • اللّٰهُ اَكْبَرُ • اللّٰهُ اَكْبَرُ • اللّٰهُ اَكْبَرُ

اَقُوْلُ عَلَى نَفْسِي وَعَلَى دِيْنِي وَعَلَى اَهْلِي وَعَلَى اَوْلَادِي وَعَلَى

مَالِي وَعَلَى اَصْحَابِي وَعَلَى اَدْيَانِهِمْ وَعَلَى اَمْوَالِهِمْ اَلْفَ اَلْفَ لَا

حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

بِسْمِ اللَّهِ وَبِاللَّهِ وَمِنَ اللَّهِ وَإِلَى اللَّهِ وَعَلَى اللَّهِ وَفِي اللَّهِ وَلَا

حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

بِسْمِ اللَّهِ عَلَى دِينِي وَعَلَى نَفْسِي وَعَلَى أَوْلَادِي بِسْمِ اللَّهِ عَلَى

مَالِي وَعَلَى أَهْلِي ● بِسْمِ اللَّهِ عَلَى كُلِّ شَيْءٍ أَعْطَانِيهِ رَبِّي ●

بِسْمِ اللَّهِ رَبِّ السَّمَوَاتِ السَّبْعِ وَرَبِّ الْأَرْضِينَ السَّبْعِ وَرَبِّ

الْعَرْشِ الْعَظِيمِ

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي

السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ ( ٣ مرات )

بِسْمِ اللَّهِ خَيْرِ الْأَسْمَاءِ فِي الْأَرْضِ وَفِي السَّمَاءِ ● بِسْمِ اللَّهِ

أَفْتِخْ وَبِهِ أَخْتِمُ ● اللَّهُ اللَّهُ اللَّهُ

اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا ۝ اللَّهُ اللَّهُ اللَّهُ.  
اللَّهُ رَبِّي لَا إِلَهَ إِلَّا اللَّهُ ۝ اللَّهُ أَعَزُّ وَأَجَلُّ وَأَكْبَرُ مِمَّا  
أَخَافُ وَأَحْذَرُ

بِكَ اللَّهُمَّ أَعُوذُ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ غَيْرِي وَمِنْ شَرِّ مَا  
خَلَقَ رَبِّي وَذَرَأً وَبَرًّا وَبِكَ اللَّهُمَّ أَحْتَرِزُ مِنْهُمْ وَبِكَ اللَّهُمَّ  
أَعُوذُ مِنْ سُورِهِمْ وَبِكَ اللَّهُمَّ أَدْرَأُ فِي نُحُورِهِمْ وَأُقَدِّمُ بَيْنَ  
يَدَيَّ وَأَيْدِيهِمْ:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ هُوَ اللَّهُ أَحَدٌ. اللَّهُ الصَّمَدُ. لَمْ يَلِدْ وَلَمْ يُولَدْ. وَلَمْ يَكُنْ لَهُ  
كُفُوًا أَحَدٌ ( ٣ مرات )

وَمِثْلُ ذَلِكَ عَنْ يَمِينِي وَأَيْمَانِهِمْ ۝ وَمِثْلُ ذَلِكَ عَنْ شِمَالِي  
وَعَنْ شِمَائِلِهِمْ ۝ وَمِثْلُ ذَلِكَ أَمَامِي وَأَمَامَهُمْ ۝ وَمِثْلُ ذَلِكَ  
مِنْ خَلْفِي وَمِنْ خَلْفِهِمْ ۝ وَمِثْلُ ذَلِكَ مِنْ فَوْقِي وَمِنْ فَوْقِهِمْ

● وَمِثْلُ ذَلِكَ مِنْ تَحْتِي وَمِنْ تَحْتِهِمْ ● وَمِثْلُ ذَلِكَ مُحِيطٌ بِي  
وَبِهِمْ

اللَّهُمَّ إِنِّي أَسْأَلُكَ لِي وَلَهُمْ مِنْ خَيْرِكَ بِخَيْرِكَ الَّذِي لَا يَمْلِكُهُ  
غَيْرُكَ ● اللَّهُمَّ اجْعَلْنِي وَإِيَّاهُمْ فِي عِبَادِكَ وَعِيَاذِكَ وَجَوَارِكَ  
وَأَمَانِكَ وَحِزْبِكَ وَحِرْزِكَ وَكَنْفِكَ ● مِنْ شَرِّ كُلِّ شَيْطَانٍ  
وَسُلْطَانٍ وَإِنْسٍ وَجَانٍّ وَبَاغٍ وَحَاسِدٍ وَسَبُعٍ وَحَيَّةٍ وَعَقْرَبٍ ●  
وَمِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا إِنَّ رَبِّي عَلَى صِرَاطٍ  
مُسْتَقِيمٍ

حَسْبِيَ الرَّبُّ مِنَ الْمَرْبُوبِينَ ● حَسْبِيَ الْخَالِقُ مِنَ  
الْمَخْلُوقِينَ ● حَسْبِيَ الرَّازِقُ مِنَ الْمَرْزُوقِينَ ● حَسْبِيَ  
السَّاتِرُ مِنَ الْمَسْتُورِينَ ● حَسْبِيَ النَّاصِرُ مِنَ الْمَنْصُورِينَ  
● حَسْبِيَ الْقَاهِرُ مِنَ الْمُقَهَّورِينَ ● حَسْبِيَ الَّذِي هُوَ

حَسْبِي • حَسْبِي مَنْ لَمْ يَزَلْ حَسْبِي • حَسْبِي اللَّهُ وَنِعْمَ  
الْوَكِيلُ • حَسْبِي اللَّهُ مِنْ جَمِيعِ خَلْقِهِ

إِنَّ وَلِيَّيَ اللَّهُ الَّذِي نَزَّلَ الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ  
وَإِذَا قُرَأَتِ الْقُرْآنُ جَعَلْنَا بَيْنَكَ وَبَيْنَ الَّذِينَ لَا يُؤْمِنُونَ  
بِالْآخِرَةِ حِجَابًا مَسْتُورًا

وَجَعَلْنَا عَلَى قُلُوبِهِمْ أَكِنَّةً أَنْ يَفْقَهُوهُ وَفِي آذَانِهِمْ وَقْرًا وَإِذَا  
ذَكَرْتَ رَبَّكَ فِي الْقُرْآنِ وَحْدَهُ وَلَّوْا عَلَى أَدْبَارِهِمْ نُفُورًا

فَإِنْ تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ  
رَبُّ الْعَرْشِ الْعَظِيمِ (٧ مرات)

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

(٣ مرات)

وَصَلَّى اللّٰهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ

خَبَّأْتُ نَفْسِي فِي خَزَائِنِ بِسْمِ اللّٰهِ ● أَقْفَالُهَا ثِقَتِي بِاللّٰهِ ●  
مَفَاتِيحُهَا لَا قُوَّةَ إِلَّا بِاللّٰهِ ● أَدَافِعُ بِكَ اللّٰهُمَّ عَنِ نَفْسِي مَا  
أَطِيقُ وَمَا لَا أَطِيقُ ● لَا طَاقَةَ لِمَخْلُوقٍ مَعَ قُدْرَةِ الْخَالِقِ

حَسْبِيَ اللّٰهُ وَنِعْمَ الْوَكِيلُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا

بِاللّٰهِ الْعَلِيِّ الْعَظِيمِ

وَصَلَّى اللّٰهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ

وَالْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ

## ***Transliteration***

Bismillah

Allahu akbar, Allahu akbar, Allahu akbar.

Aqulu ala' nafsi wa ala' deeni wa ala' ahli wa ala' awladi wa ala' maali  
wa ala as-habi wa ala adyanihim wa ala' amwalihim, alfa bismillah.

Allahu akbar, Allahu akbar, Allahu akbar.

Aqulu ala' nafsi wa ala' deeni wa ala' ahli wa ala' awladi wa ala' maali  
wa ala as-habi wa ala adyanihim wa ala' amwalihim, alfa alfi bismillah.

Allahu akbar, Allahu akbar, Allahu akbar.

Aqulu ala' nafsi wa ala' deeni wa ala' ahli wa ala' awladi wa ala' maali  
wa ala as-habi wa ala adyanihim wa ala' amwalihim, alfa alfi la howla wa  
la quwata illa billah'hil aliyul-adhim.

Bismillahi wa-billahi wa min Allahi wa li-Llahi wa ala'Llahi wa fi-Llahi  
wa la howla wa la quwata illa billah'hil aliyul-adhim.

Bismillahi ala' deeni wa ala' nafsi wa ala' awladi, bismillahi ala' maali  
wa ala' ahli, bismillahi ala' kulli shay'in, a'tanihi rabbi, bismillahi rabbi  
as-samawati sab'i wa rabbi aradina sab'i wa rabbi arshi-l adhim.

Bismillahi ladhi la ya'duru ma' asmihi shayun fi'l ardi wa la fis-sama'i  
wa huwa-samiyul alim (x3)

Bismillahi khayri asma'i fi'l ardi wa fi sama'i.

Bismillahi aftatihuh wabihi akhtatim.

Allah, Allah, Allah.

Allahu Rabbi la yushriku-bihi shay'a.

Allah, Allah, Allah.

Allahu rabbi la illaha ilaLlah.

Allahu 'azwajal wa akbaru, mima akhafu wa-adhar.

Bika allahumma a'udhu min shari nafsi, wa min shari ghayri, wa min shari ma khalaqa rabihi wadhara'awabara.

Wa bika Allahumma ahtarizu mimhum.

Wa bika Allahumma a'udhu min shururihim.

Wa bika Allahumma adra'u fi nuhurihim wa uqadimu bayna yadaya wa-aydihim.

Surah al-ikhlas [including the Basmallah in each] (x3)

Wa mithlu thalika 'ain yamini wa 'ain aymanihim, wa mithlu thalika 'ain shimalihi wa 'ain shamailihim, wa mithlu thalika 'ain amami wa amamihim, wa mithlu thalika min khalfi wa min khalfihim, wa mithlu thalika min fawqi wa min fawqihim, wa mithlu thalika min tahti wa min tahtihim, wa mithlu thalika muhyitun bihi wa bihim.

Allahumma inni as-aluka li walahum min khayrika bikhayrika-ladhi la yamlikuhu ghayruk.

Allahumma aj'alni wa 'iyahum fi 'ibadika wa 'iyadhika wa jiwarika wa amanika wa hizbika wa hirzika wa kanafika, min sharri kulli shaytan, min sharri kulli shaytanin wa sultanin wa insin wa jaanin wa baghin wa hasidin wa sab'in wa hayatihi wa 'aqraba, wa min sharri kulli daabatin anta akhidun binasiyatihha inna rabbi 'ala siratil mustaqim.

Hasbi r-Rabbu min al-marbubeen,



Hasbi al-Khaliq min al-makhlūqeen,

Hasbi ar-Raziq min al-marzuqeen,

Hasbi as-Saatir min al-mastūreen,

Hasbi an-Nasir min al-mansūreen,

Hasbi al-Qahir min al-maqhūreen,

Hasbi alathi huwa hasbi,

Hasbi ya man lam yazal hasbi,

Hasbi Allahu wa n'imal-wakeel,

Hasbi Allahu min jamee'i khalqi.

Inna waliyyiya Allahu allathee nazzala alkitaba wahuwa yatawalla  
alssaliheena

Wa 'Idhā Qara'ta Al-Qur'āna Ja'alnā Baynaka Wa Bayna Al-Ladhīna Lā  
Yu'uminūna Bil-'Ākhirati Ĥijābāan Mastūrāa

Wa Ja'alnā `Alā Qulūbihim `Akinnatan `An Yafqahūhu Wa Fī  
`Ādhānihim Waqrāan Wa 'Idhā

Fa in tawallaw faqul hasbiya Allahu la ilaha illa huwa AAalayhi  
tawakkaltu wahuwa rabbu alAAarshi alAAatheem (x 7)

Wa la howla wa la quwata illa billah'hil aliyul-adhim (x3)

Wa sal Allahu ala' sayyidina Muhammadin wa ala' ahlihi wa sahabihi wa  
salim.

Khaba'tu nafsi fi khaza'ini bismillah, aqfaluha thikati biLlah, mafatihuha la quwata illa billah, u'dafeehu bika allahumma 'an nafsi ma uteequ wa ma la uteeq, la taqata li makhlugeen ma' qudratil-khaliq.

Hasbi Allahu wa n'imal-wakeel.

Wa la howla wa la quwata illa billah'hil aliyul-adhim.

Wa sal Allahu ala' sayyidina Muhammadin wa ala' ahlihi wa sahbihi wa salim.

Hasbi Allahu wa n'imal-wakeel.

Wa la howla wa la quwata illa billah'hil aliyul-adhim.

Wa sal Allahu ala' sayyidina Muhammadin wa ala' ahlihi wa sahbihi wa salim.

Hasbi Allahu wa n'imal-wakeel.

Wa la howla wa la quwata illa billah'hil aliyul-adhim.

Wa sal Allahu ala' sayyidina Muhammadin wa ala' ahlihi wa sahbihi wa salim.

## *Translation*

In the Name of Allah the Most Merciful the Most Compassionate

‘In the name of Allah. Allah is most great, Allah is most great, Allah is most great’ I say upon myself, upon my religion, upon my family, upon my children, upon my property, upon my companions, upon their religion, and upon their property.

One-thousand ‘In the name of Allah, Allah is most great, Allah is most great, Allah is most great’, I say upon my religion, upon my family, upon my children, upon my property, upon my companions, upon their religion, and upon their property.

One-thousand thousand ‘In the name of Allah, Allah is most great, Allah is most great, Allah is most great’, I say upon myself, upon my religion, upon my family, upon my children, upon my property, upon my companions, upon their religion, and upon their property.

One-thousand thousand ‘There is no strength nor power except by Allah, the High, the Most Great’, [I say upon myself...].

In the name of Allah, and through Allah, and from Allah, and towards Allah, and upon Allah, and in Allah – there is no strength nor power except by Allah, the High, the Most Great.

‘In the name of Allah’, upon my religion, upon myself, and upon my children.

‘In the name of Allah’, upon my property and upon my family.

‘In the name of Allah’, upon every thing my Lord has given me.

In the name of Allah, Lord of the seven heavens, Lord of the seven earths, and Lord of the mighty throne.

In the name of Allah, with whose name nothing can cause harm in the earth and the sky, and He is the All-hearing and All-knowing. (thrice)

In the name of Allah – the best of all names in the earth and in the sky.

In the name of Allah I commence, and with it I finish.

Allah, Allah, Allah.

Allah is my Lord – I associate no partner unto Him.

Allah, Allah, Allah.

Allah is my Lord: no deity exists other than Him.

Allah is more powerful, stronger, and greater than what I fear and guard against.

In You, O Allah, I seek refuge from the evil of myself and the evil of others, and the evil my Lord has created, forged, and designed.

In You, O Allah, I seek protection against them.

In You, O Allah, I take refuge from their [various] evils.

And with You, O Allah, I repel their necks.

Between me and them I put:

(Say: He is Allah the One! \* Allah the eternally Besought of all! \* He begetteth not nor was begotten. \* And there is none comparable unto Him). [112:1-4] (thrice)

And [I say] the same [the basmallah and sūrat al-ikhhlās] to my right and to their right; and the same to my left and to their left; and the same in front of me and in front of them; and the same behind me and behind

them; and the same above me and above them; and the same below me and below them; and the same encompassing me and encompassing them.

O Allah, verily I beseech You, for my sake and theirs, for whatever You choose from Your goodness which no one other than You possesses.

O Allah, put me and them in Your divine servitude and protection, in Your protectorship, in what is entrusted unto You, in the midst of Your party, in Your sanctuary and shelter – from every demon, possessor of power, human or jinn, from tyrants and enviers, from predatory beasts and serpents and scorpions, and from every crawling creature under Your control. Verily, my Lord is upon the straight path!

The Lord suffices me from all who are subject to others.

The Creator suffices me from the created.

The Sustainer suffices me from those who are sustained.

The Concealer suffices me from those who are concealed.

The Giver of Victory suffices me from those who are granted victory.

The Vanquisher suffices me from those who are vanquished.

The One who suffices me is my sufficiency.

He who never ceases sufficing me suffices me.

My sufficiency is Allah, and what a great agent is He!

Allah suffices me from [needing] His entire creation.

(Verily, Allah is my protector, who sent down the Book, and he looks after the righteous). [7:196]

(And when thou recitest the Quran We place between thee and those who believe not in the Hereafter a hidden barrier \* And We place upon their hearts veils lest they should understand it and in their ears a deafness; and when thou makest mention of thy Lord alone in the Quran they turn their backs in aversion). [17:45]

(Now if they turn away (O Muhammad) say: Allah sufficeth me. There is no God save Him. In Him have I put my trust and He is Lord of the Tremendous Throne). [9:129] (seven times)

There is no strength nor power except by Allah, the High, the Most Great. (thrice)

And may the prayers of Allah be upon our master Muhammad and upon his folk and Companions, and may He give them peace.

I conceal myself within the coffers of ‘through the name of Allah’. Its locks are my trust in Allāh. Its keys are ‘there is no power except by Allah’. Through You, O Allah, I protect myself from what lies within my power and what lies without. Created creatures are powerless [when faced] with the ability of the Creator.

My sufficiency is Allah, and what a great agent is He! There is no strength nor power except by Allah, the High, the Most Great. And may the prayers of Allah be upon our master Muhammad and upon his folk and Companions, and give them peace. (thrice)

### *Chain of narration*

Sheikh al-Buti said:

"It has reached me that there are people who doubt, or raise doubts regarding the ascription of this litany (hizb) to Imam al-Nawawi without reliance upon any research or verification of the matter.

Here I present before those and their likes the continuous chain for the receiving of this noble litany, reaching to its author Imam al-Nawawi, Allah the most High have mercy on him and be pleased with him. Imam Umar al-Shabrawi said in the introduction of his commentary on this litany:

I received it from our Sheikh, Allamah Muhammad al-Sibaiee, and he from his father Allamah al-Sayyid Salih al-Sibaiee, and he from Allamah al-Sheikh al-Dardir, and he from his teacher Sheikh al-Hifni, and he from his teacher Sheikh Mustafa al-Bakri, and he from Sheikh Muhammad bin Ahmad al-Dimyati al-Shafi better known as Ibn al-Mayit al-Budairi, and he from Sheikh al-Shibramallasi, and he from Sheikh Allamah Abd al-Rahim al-Iraqi, from Sheikh Ala al-Din Ibn al-Attar, and he from the Qutb: Yahya al-Nawawi- Allah be pleased with him".